

FASHION

Spa with Seema

Enhance your training regimen

STORY BY SEEMA SADEKAR | HOSTED AT GREEN VALLEY RANCH SPA | PHOTOGRAPHY BY EDYTA SOKOLOWSKA



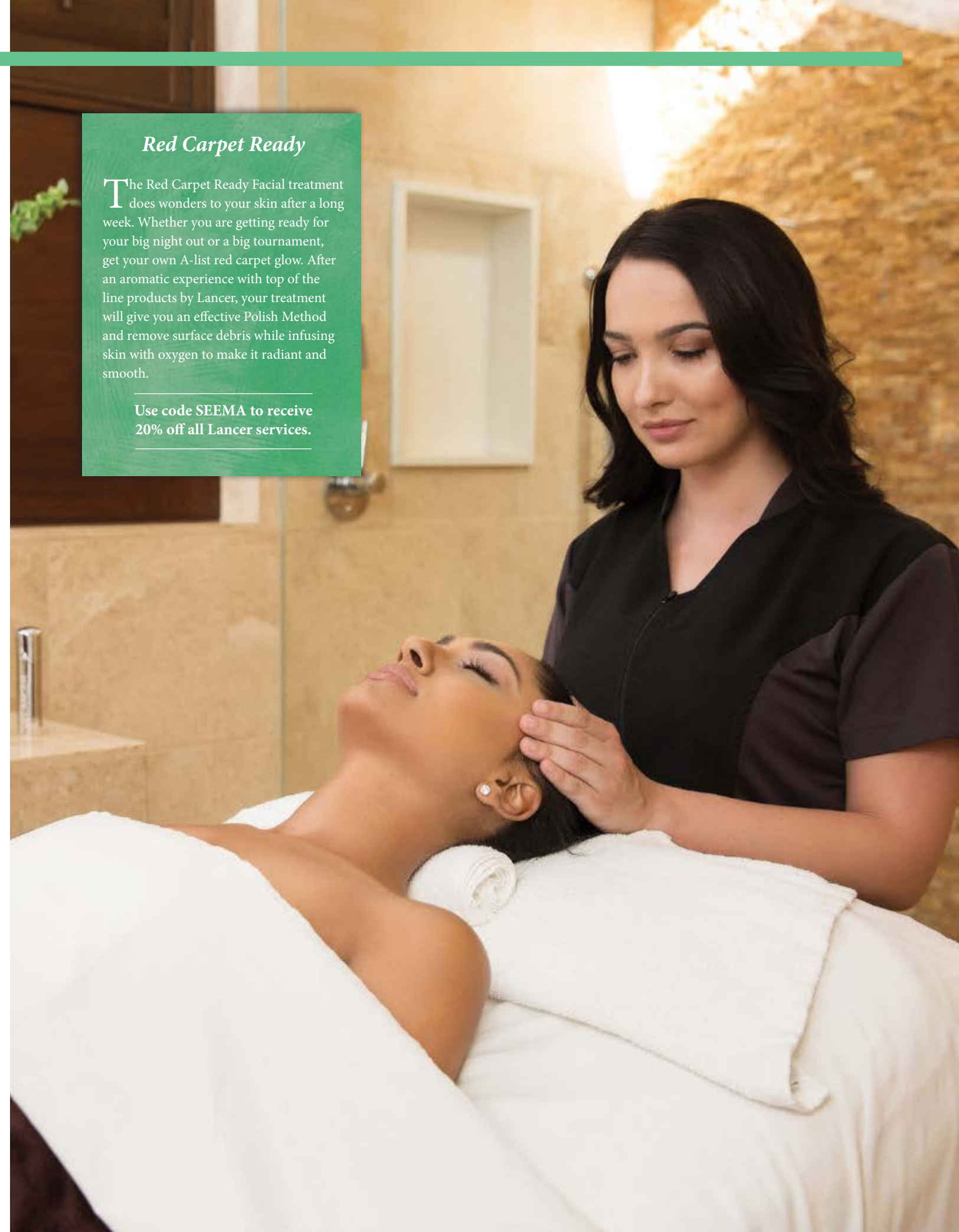
Golfers are a unique class of people. Whether professional or amateur, golfers are constantly pushing their bodies in the gym, on the range, and on the course for the sheer pleasure of perfecting the game. Golf can take a toll on the lower back and legs and because of this, taking care of your body with spa treatments is becoming an essential aspect of any training regimen.

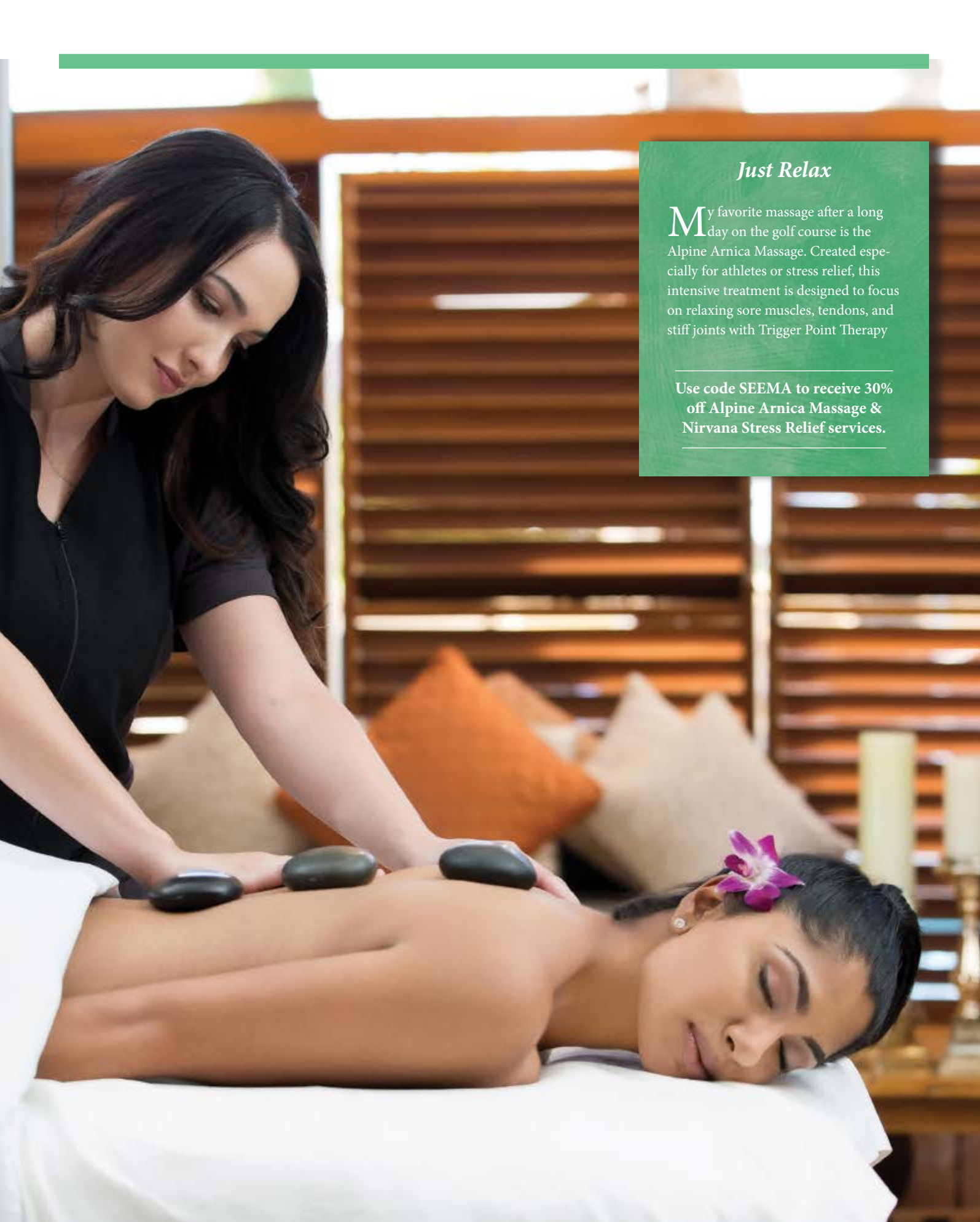
The Spa at Green Valley Ranch is an oasis in the desert. A 40,000 square-foot facility, light bathes both inside and out as you are embraced in the natural accents of dark woods and calming sounds of water. After enjoying your relaxing day at the Spa, finish off your day with finishing services in their bright and airy Salon. A perfect way to feel good and relax.

Red Carpet Ready

The Red Carpet Ready Facial treatment does wonders to your skin after a long week. Whether you are getting ready for your big night out or a big tournament, get your own A-list red carpet glow. After an aromatic experience with top of the line products by Lancer, your treatment will give you an effective Polish Method and remove surface debris while infusing skin with oxygen to make it radiant and smooth.

Use code SEEMA to receive 20% off all Lancer services.





Just Relax

My favorite massage after a long day on the golf course is the Alpine Arnica Massage. Created especially for athletes or stress relief, this intensive treatment is designed to focus on relaxing sore muscles, tendons, and stiff joints with Trigger Point Therapy

Use code SEEMA to receive 30% off Alpine Arnica Massage & Nirvana Stress Relief services.

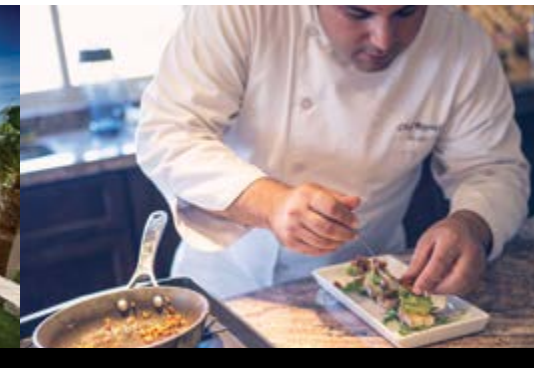
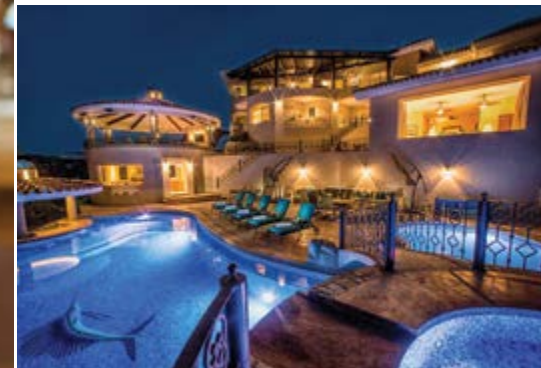
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The Royal Treatment

It's always nice to get the royal treatment. Getting a manicure and pedicure is a great spa treatment for pampering and relaxing. The Royal Treatment Mani and Pedi is a detailed grooming session that includes exfoliation, mask, relaxing foot and hand massage, and aromatherapy treatment.

Use code SEEMA to receive 30% off.

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