

Add Spring to Your Swing

The season of color is upon us, get out and enjoy!

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PHOTOGRAPHY BY EXCEED PHOTOGRAPHY

Lace Your Blues

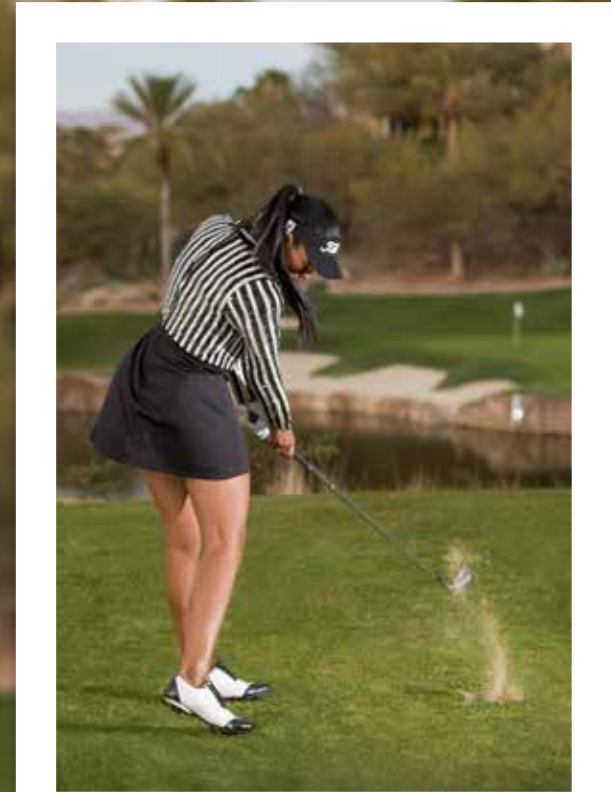
My closet has several shades of blues. Luckily, spring is the season to bring out those calming and refreshing shades.

This season's most trendy shade is Lapese blue. Lapese is the perfect mix of baby and royal blue, giving your look energy and liveliness. Lace is always a sharp accent making your outfit pop, and as the weather warms up you can feel good about giving it a chance on course. Mixing blues with lace will give your look a classy edge and keep your outfit youthful and fun.

This spring season I encourage you to work on those three to four foot putts. Spend time on the greens and challenge yourself to get better. Before your round, make it a goal to spend 15 minutes on the putting green before heading to the tee; I guarantee you will see your scores start to drop. Make sure to check out my new "Seemoji" ball markers on Bonjoc to add sparkle to your game.



Seemoji Ball Marker



Par 3 Shimmer

As the popular saying goes, "She who leaves a trail of glitter is never forgotten."

Here are a few easy swing thoughts for when you approach a difficult Par 3.

1. Take your time and don't rush. Take a few deep breaths and be confident about your club selection.
2. Create the perfect line; stand behind the ball and visualize the shape of your shot, the ball landing on the green, and rolling towards the pin.
3. Good tempo and speed through the shot, trust yourself the whole way.



Fairway Flare

Wearing flare sleeves not only allows the wind to catch them, but also creates the prettiest movement and is a cute and fashionable new Seema Style look for the course.

In order to have "Fairway Flair," you need to be solid from tee to green. Drive through the ball. When I say drive through the ball, I mean just that. Don't be weak and decelerate, commit to the shot and swing through like you mean it. Be confident that you are going to get the ball on the green, make sure you are relaxed and have chosen your target. Swing with flare!

Rule #1: Never be #2

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